

CERTIFICATE OF PARTICIPATION

This is to certify that

Mara Sofianos

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:48:59

PACE 08:22/km

OVERALL 70 of 149

GENDER 18 of 70

40 - 49 4 of 28

23 June 2019, Sun

Date



BoutTime

Signature

